

अष्टाङ्ग योग मंत्रम्
Aṣṭāṅga Yoga Mantram

ॐ

वन्दे गुरूणां चरणारविन्द	vande gurūṇāṁ caraṇāravinde
सन्दर्शितस्वात्म सुखाव बोधे ।	sandarśitasvātma sukhāva bodhe ।
निः श्रेयसे जङ्गलिकायमाने	niḥ śreyase jaṅgalikāyamāne
संसार हालाहल मोहशांत्यै ॥	saṁsāra hālāhala mohaśāntyai ॥
आबाहु पुरुषाकारं	ābāhu puruṣākāraṁ
शंखचक्रासि धारिणम् ।	śaṅkhacakrāsi dhāriṇam ।
सहस्र शिरसं श्वेतं	sahasra śirasam śvetam
प्रणमामि पतञ्जलिम् ॥	praṇamāmi patañjalim ॥

ॐ

I pray to the lotus feet of the supreme Guru,
Who teaches the good knowledge, showing the way
To knowing the self-awakening great happiness,
Who is the doctor of the jungle, able to remove
The poison of the ignorance of conditioned existence.

In his guise as the divine servant,
With 1000 white radiant heads,
Human in form below the shoulders,
Holding the sword of discrimination,
The fire wheel of time,
And the conch of divine sound,
To the sage Patanjali I prostrate.